

12th ANNUAL 5K WALK / RUN FOR THE PARK SALEM TOWNSHIP

Proceeds benefit :
Salem Recreation activities.

When: Saturday, October 18, 2008

Where: Enjoy a certified, scenic 5K run at the Seanor Farm Park, located on Route 22, near New Alexandria, 30 miles east of Pittsburgh.

Time: 10:00 a.m.



Entry fees:

\$15.00 - Pre-registered runners/walkers

\$20.00 - Race-day registration

\$11.00 - Children under 18 on race day

\$8.00 - Children pre-registered

Checks payable to: Salem Twp. Rec. Board

For more information or to register by phone, call:

Boyd Shrum – 724-668-7135

Perry Miller – 724-468-4801

Tom Maher – 724-832-6711

Prizes

Runners prizes include first, second and third prize for men and women in 7 age divisions, and overall winner.

Walkers prizes include first and second prize in 7 age divisions, and overall winner. T-shirts, water stations, refreshments at the finish. Goody bags for all participants.

Sponsored by:

Salem Township Recreation Board

244 Congruity Road

Greensburg, PA 15601

Phone: 724-668-7500

Visit our new website at: www.salemtownship.com

Directions: From Pittsburgh go east on Rt 22 past Delmont Twp. to Salem Twp. Veer right at the Hornock turn around. Cross over Rt 22 at the light and go west on Rt 22 100 yards to park entrance. From Altoona travel Rt 22 west through New Alexandria. Park entrance is 1 mile on your right in Salem Twp.

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SALEM TOWNSHIP

Mail form and entry fees to:
Boyd Shrum
298 Skyview Drive
New Alexandria, PA 15670

Name _____

Address _____

Phone _____

T-shirt size (circle one): S M L XL XXL

Sex: M F

Age race day: _____

Waiver: In acceptance of this entry, I hereby release the sponsors, organizers, and volunteers of the Salem Township Recreation Board from any and all contentions or claims of damages or injuries suffered by me as a result of my participation of this event. I hereby attest that I am physically fit and have trained sufficiently for this event.

Signature _____

Date _____

Signature of parent or guardian if under 18 _____

Date _____